

# BINGLEWOODS

Binglewood – A deed restricted community to protect our investment

MAY 2020

[WWW.BINGLEWOOD.COM](http://WWW.BINGLEWOOD.COM)

## PRESIDENT'S MESSAGE

I hope you and your family are well. I am glad to see our community being active throughout the neighborhood. Please remember to keep social distancing. I would like to thank all of our Health Care Workers and Essential Employees for their hard work, dedication and selfless acts they deal with for our community during this epidemic. Please be safe and take care.

Found or lost a furry and feathered friend? Help reunite them or give them a chance of finding a furever home by considering doing one or more of the following:

1. Create a Lost or Found post on NextDoor.com (select Binglewood+Nearby to reach over 9000 people), PawBoost (there is a free 7-day option), the Humane Society, or SPCA. You can also become a member of one or more local Facebook pages (e.g. Lost & Found Pets of Spring Branch and Spring Valley or Spring Branch Lost Pets). Share a picture, time, date, general location and description of the animal.
2. If you are sheltering the animal, please also have them scanned for a microchip at a local vet or shelter (both on a walk-in basis) to see if a direct connection with the owner can be made.

As with any social media use, be smart and safe and have thick skin! Remember, you are doing more than most! And do not let the animal go back to anyone other than a proven and legitimate owner or shelter.

## HOME IMPROVEMENT PROJECT APPROVAL

Springtime is conducive to spending time outside, leading us to focus on needed updates or improvements to the outside of our homes. To protect our neighborhood and investments, and as part of your planning and preparation for any exterior projects, it is recommended to review the deed restrictions for your section and know that it is the responsibility of a homeowner to obtain necessary City of Houston and Binglewood Architectural approvals.

Upon submission of an Architectural Approval Application to the Binglewood Architectural Committee (comprised of the Officers of the Binglewood Civic Club), your application will be carefully reviewed and, where appropriate, approved. Most applications are acted upon within a few days of receipt. However, depending on the project and the information provided, it could take longer.

The application form and deed restrictions are available on the BCC website, [www.binglewood.com](http://www.binglewood.com). It can be emailed to [contact@binglewood.com](mailto:contact@binglewood.com) or mailed to the civic club's PO Box. Thank you so much for your cooperation in helping maintain the quality standards of our neighborhood.

## CALENDAR

### Meeting

Saturday, May 9<sup>th</sup>\*  
9:30 am – 11:00 am

*\*Meeting will be held via tele-conference. If you are interested in participating, please email*

[contact@binglewood.com](mailto:contact@binglewood.com) and meeting details will be shared. Please indicate your address and full name.

### Agenda

Community Update  
Guest Speaker Council Member  
Amy Peck

### Trash & Lawn Clippings

Every Friday

### Recycle (Green Can)

Friday, May 8, 22

Friday, June 5, 19

### Tree Waste (Odd Months)

Thursday, May 28

### Junk Waste (Even Months)

Thursday, June 25

## CONTACT

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## LEADERSHIP

President, Joanne Cortez  
Vice President, Ann Cowper  
Secretary, Erica Chingos  
Treasurer, Laura Gianakos  
Sergeant at Arms, Jonathan Vanegas  
Patrick Gonzalez, Board Pos. 1  
Rey Doria, Board Pos. 2  
Noel Lezama, Board Pos. 3

## COVID-19 GUIDELINES

Access the following website for updates on Houston's guidelines for addressing the COVID-19 virus epidemic:

<http://houstonemergency.org/covid19>

**Stay at Home and Stay Safe!** *If we all do our part, this will be over sooner.*

## HEALTHY LIVING

It is a good time to reflect on your current practices and consider the following tips:

### Tips to Better Sleep

- **Have a consistent sleep schedule.** If you don't fall asleep within about 20 minutes, leave your bedroom and do something relaxing.
- **Avoid going to bed hungry or stuffed.** Avoid or limit consumption of stimulants such as nicotine, caffeine and alcohol.
- **Establish a cool, dark and quiet room.** Do calming activities before bedtime to promote better sleep.
- **Limit daytime naps to no more than 30 minutes.** If you work nights, nap late in the day before work to help make up your sleep debt.
- **Include physical activity in your daily routine.** Spending time outside every day can be helpful, too.
- **Manage stress by getting organized, setting priorities and delegating tasks.** Meditation also can ease anxiety.

## SUPPORT BINGLEWOOD

The Binglewood Civic Club wishes to extend a BIG THANKS to all residents who have thus far participated in meetings, volunteered and/or paid their dues. This is a challenging time for every family. Just as each family has had to adjust, the BCC will do the same. We will continue to support the neighborhood and provide services using the resources we have available. The mission of the Civic Club includes maintaining deed restrictions, planning and implementing club activities, and communicating neighborhood concerns to city officials.

For those of you who have not yet paid your dues, we hope that you will be willing and able in the near future. When you are able, dues may be paid in person, by mail, or online via Binglewood.com. Binglewood Civic Club dues are tax deductible.

All residents are invited to attend meetings, social functions, offer feedback, and volunteer. We look forward to seeing you at our face-to-face meetings in the future.

## PEDESTRIAN SAFETY TIPS

Since spending extended time at home, there are many families taking walks together to get some exercise and fresh air. It is very important to teach your children the safest way to enjoy your walks. The Houston Police Department offer the following tips:

- Walk with confidence communicating the message that you are calm and know what is going on around you.
- Walk on the sidewalk or on the shoulder facing the traffic.
- Wear bright/light colored clothing and reflective materials.
- Travel on well-lighted streets at night, carrying a flashlight.
- Walk with someone you know.
- Secure purses or bags under your arm.
- Avoid talking or texting on a cell phone. Don't wear earphones/ear buds, especially when crossing the street.
- Cross streets at marked crosswalks or intersections, if possible. Never cross between parked cars, buses or other obstacles.
- Obey traffic signals. Look left, right, and left again before crossing a street, watching for turning vehicles. Make sure the driver sees you and will stop for you.
- Look across ALL lanes you must cross and visually clear each lane before proceeding. Even if one motorist stops, do not presume drivers in other lanes can see you and will stop for you. Make eye contact with drivers, don't just look at the vehicle.
- Avoid street solicitors trying to sell you something at a bargain price. If it sounds too good to be true, then it probably is.

## COMFORT BAKING – SWEET ROLLS

During these times, it's nice to have some Texas style comfort. This will require yeast and flour, two luxuries now-a-days.

- 1 Package of Yeast
- 1 Cup Milk
- ¼ Cup Sugar
- 2 Eggs
- ¼ Cup Butter

Heat milk and melt butter. Mix and let "proof" – it'll turn "frothy".

- 4 Cups Flour

Mix in and working flour in center and then around edges to keep from sticking to bowl. You want it soft and sticky, but not sticking to you, kneed with roller pin. Let rise.

### KALOCHEs

Make 16 rolls by cutting ball in half 4 times. Wrap sausage and cheese pinching dough folds together. Bake at 350 for about 20 minutes.

### RAISEN BREAD

Add a tablespoon cinnamon, another ¼ cup sugar, and 1 to 2 cups of raisins!